



PFSC News

October 2016

Welcome to Winter School!



Preston Figure Skating Club is happy to welcome all our members, both new and returning, to our winter season. We are glad you are a part of our PFSC family!

As we begin a new season, we would like to remind parents of a few important details:

- Please remember that parents and guardians are not allowed on the ice. If your child has a problem and needs you, a coach or program assistant will bring them to the door and help them off the ice.
- Our rinks are cold! Please make sure your skater has gloves or mittens each time they step on the ice.
- All Buddies on Blades and CanSkate skaters must wear a CSA approved hockey helmet while on the ice. Face masks are optional, but helmets are required according to Skate Canada rules.

We are looking forward to another fun season with the skaters of the Preston Figure Skating Club. We hope all skaters and their families enjoy their time with us, and that they have fun as they learn new skills.

Hallowe'en Skate-a-thon and Toonie Skate

Bring your family and friends out for our Hallowe'en Skate-a-thon and Toonie Skate on **Saturday October 29, 6-8 pm**. PFSC skaters are encouraged to find sponsors for the skate-a-thon, and unsponsored skaters are welcome to join in the fun for \$2 per person. We will have music, games and a bake sale. Wear your costume for a chance to win a prize! Funds raised from the evening will go to the PFSC Bursary Fund and skaters' ice fees. More information and sponsor forms can be found on the Fundraising Page on the website.

Skate & Apparel Sale

Preston FSC will be holding a Skate & Apparel Sale on **Saturday October 29, 6 - 8 pm** during the Skate-a-thon. Skating families are encouraged to bring in skates and skating apparel and consign them. Consignment contracts can be found on the PFSC website on the Fundraising Page. Drop offs will take place at the PFSC Office (upstairs at the Preston Aud) at following times:
Tuesday Oct 25, 5:30-6:30 pm
Wednesday Oct 26, 5:30-6:15 pm
Saturday Oct 29, 4:30-5:45 pm
For more information, see the fundraising page on the PFSC website, and be sure to visit the sale during the Skate-a-thon!

Keep your recreational skater safe, warm and comfortable this winter

- CSA approved hockey helmets are a must for all recreational skaters in Buddies on Blades and CanSkate. This rule is to protect young skaters, as hockey helmets are designed to help protect against head injuries occurring on ice, whether from a fall or collision. Skaters without a proper helmet will be escorted off the ice.
- Mittens or gloves are important for all skaters. They keep hands warm and protect them when skaters fall. Keep an extra dry pair in your skate bage just in case.
- Thin synthetic socks keep feet warm without crowding toes.
- Layering a base layer of long underwear under athletic pants keeps legs warm without the bulk of jeans or snow pants

Keep their skates in top condition too!

- Skates should be sharpened at the beginning of a new session, especially if they have been in storage over the summer. PFSC offers skate sharpening! Leave your skates with Mr. Wheeler or Mr. Eaton, include your name and date of your next lesson and your newly sharpened skates will be ready. Yes it's as easy as that!
- Soft breathable guards are best for preventing rust from forming on blades between classes. Also be sure to thoroughly dry blades after every session.
- Be careful not to let skaters walk on unpadded floors in the arena while wearing their skates.



Fundraising News

This year PFSC will only be holding two fundraisers: Macmillans in November, and chocolate in February. Funds raised from these campaigns go to support our annual gala and general club needs. Dates for each campaign will be announced soon.

Important Dates

October 12

- First Day of Winter School

October 21

- Sectional Team Dinner

October 22

- Sectional Team Simulations

October 26, 27, 29

- Hallowe'en Dress Up for Recreational Skaters

October 29

- Hallowe'en Skate-a-thon
- Skate & Apparel Sale

Connect with us!

Visit our website for our detailed information about PFSC, including program & registration information, and a calendar of important dates.
www.prestonfsc.com

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www.facebook.com/PrestonFSC

Email us!

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