



PFSC NEWS

Winter School Begins | Fundraising Options | Skate Gear Tips

Halloween Fun!

Recreational skaters are invited to wear costumes to their skating sessions on October 28, 29 and 31. Trick or Treat!

Sectional Team Gears up for the competitive season

Come and see some amazing figure skating and support our sectional team skaters as they prepare for the 2015-2016 competitive season!

Clear ice simulations: October 24, 6:30 - 8:30 pm at Preston Memorial Arena.

Spectators welcome and appreciated!

Connect with PFSC

Our new website is up and running! Check it out at www.prestonfsc.com

Join our Facebook group!
<https://www.facebook.com/PrestonFSC?fref=ts>

Email us:
preston skating@bellnet.ca



Welcome to Winter School!

We're so happy to welcome all of our new members and welcome back our old friends. We are glad you are a part of our PFSC family!

Nothing says winter in Canada like ice skating. So here's to huddling under the heaters with a coffee as we watch our skaters move from stepping to gliding, have fun with friends, and smile with pride as they learn new skills!

Please note: There is no skating on November 14th





Fundraising Corner

We have lots of options available to help us raise funds for our annual Gala. We hope you'll find something that will work well for your family. Participate in any or all of the following upcoming fundraisers:

- Bottle Drive - November 14
- MacMillan's - Orders due November 23, Delivery Dec 5
- Poinsettias - Orders due November 23
- Charity Night at Cambridge Bingo Centre - Wednesday, November 25, 7 pm (Must be 18 or over)

PFSC Recognized at Cambridge Sports Awards Banquet

The Preston Figure Skating Club has been selected as the 2015 Sports Organization of the Year by the Cambridge Sports Award Selection Committee for outstanding athletic achievements over the past year.

Congratulations to all skaters, coaches, volunteers and families. We couldn't do it without you!

Keep your recreational skater warm and comfortable this winter...

- CSA approved hockey helmets are a must for all recreational skaters up to Stage 5 of the Canskate program.... and they keep ears warm too!
- Mittens or gloves are important for all skaters. They keep hands warm and protect them when skaters fall. Keep an extra dry pair in your skate bag just in case.
- Thin synthetic socks keep feet warm without crowding toes.
- Layering a base layer of long underwear under athletic pants keeps legs warm without the bulk of jeans or snow pants.

... and keep their skates in top condition too!

- Skates should be sharpened at the beginning of a new session, especially if they have been in storage over the summer.
- Soft, breathable guards are best for preventing rust from forming on blades between classes.
- Be careful not to let skaters walk on unpadded floors in the arena while wearing their skates.

